

JV and Varsity August Practice Schedule

Sport	Coach	Start Date	Schedule	Time	Place
V Boys Cross Country	Foti	8/22/2022	M, W Tu Th F Sat	8:00-9:45 AM 7:00-8:30 AM 8:00-9:45 AM 8:00-9:45 AM 8:00-9:45 AM	HS Track HS Track River to Ridge, meet at parking lot off Springtown Rd. Walkkill Valley Rail Trail, meet at parking lot on Plain's Rd. Empire State Trail, meet at parking lot across from Lowe's
V Girls Cross Country	Gregory	8/22/2022	M Tu W Th F Sat	6:00-7:30 PM 8:00-9:30 AM 7:45-8:45 AM 8:30-10:30 AM 8:30-10:30 AM TBD	HS HS HS Spring Farm Rail Trail at BOCES Parking Lot TBD
V Football	Jansen	8/20/2022	Sat (8/20) M-F Sat (8/27)	3:00-8:00 PM 7:30-12:00 PM 3:00-8:00 PM	HS Practice Football Field HS Practice Football Field HS Practice Football Field
V Boys Golf	Bell	8/22/2022	M-Th	9:15-11:15 AM	NP Golf Course
JV & V Boys Soccer	Mead/Weinstein	8/22/2022	M-F	7:30-9:30 AM	HS Boys Soccer Field
JV & V Girls Soccer	Masseo/Walker	8/22/2022	M-F M-F Sat	8:30-10:30 AM 6:00-8:00 PM 8:00-10:00 AM	HS Girls Soccer Field HS Girls Soccer Field HS Girls Soccer Field
V Girls Swim	Benkert/Gruver-LaPolt	8/22/2022	M, Tu, Th, F, Sat W	8:00-11:00 AM 8:30-11:30 AM	Moriello Pool Moriello Pool
V Girls Tennis	Lynn	8/22/2022	M-F	9:00-11:00 AM	SUNY New Paltz
JV & V Volleyball	Graham/McGinty	8/22/2022	M-W Th-Sat	8:00-11:00 AM 8:00-11:00 AM	Lenape Gym HS Gym